

# Help Someone who has Migraines Today!

When migraine pain hits, it can range from minor discomfort to immobilizing agony, and can last from minutes to days. The pain most likely occurs on only one side of the head along with nausea and vomiting.

The cause of migraines has been a mystery. New research reveals sufferers have abnormal nerve firing in the brain and spinal cord which dovetails with prior findings that headaches can be caused by problems in the spine, specifically in the neck. Chiropractic adjustments will remove nerve pressure and spinal distortions.

**Offer for new and reactivating patients only. Coupon must be presented at time of appointment. May not be combined with any other offer.**

THE PATIENT AND ANY OTHER PERSON RESPONSIBLE FOR PAYMENT HAS THE RIGHT TO REFUSE TO PAY, CANCEL PAYMENT OR BE REIMBURSED FOR PAYMENT FOR ANY SERVICE, EXAMINATION OR TREATMENT WHICH IS PERFORMED AS A RESULT OF AND WITHIN 72 HOURS OF RESPONDING TO THE ADVERTISEMENT FOR THE FREE, DISCOUNTED FEE, OR REDUCED FEE SERVICE EXAMINATION OR TREATMENT. THE RECIPIENT OF THIS GIFT CERTIFICATE WILL RECEIVE NO CHARGE FOR THE FIRST VISIT CONSULTATION AND EXAM. SHOULD TREATMENT BE DEEMED NECESSARY, THE USUAL FEES WILL BE EXPLAINED IN ADVANCE. THIS CERTIFICATE IS NOT VALID WITH MEDICARE, WORKER'S COMP AND PERSONAL INJURY CASES. OTHER EXCLUSIONS MAY APPLY. WITH THIS CARD/ONE TIME USE.

This addresses the underlying causes of the headaches and promotes the body's natural ability to heal itself. The Chiropractic mission is to help people heal without masking their pain with drugs. We can't reach everyone personally to tell them that Chiropractic can help but we can offer a helping hand: Refer those who you think could benefit from our care and we will give them our honest and sincere assistance—and this certificate for a complimentary exam.

**Valued at \$260    Special Offer Valid: May 13 - 25, 2019**

**Call To Schedule Your Appointment Today!**  
**Beaches - 273-2691    Nocatee - 834-2717**



Ponte Vedra  
**Wellness  
Center**

**Dr. Erika Hamer, D.C., DIBC, DIBE**  
Owner & Chiropractic Neurologist

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