

# Help Someone who has Sciatic Leg Pain Today!

Your lower back endures more stress than your upper back due to the amount of weight it has to support. As a result, misalignment of the bones of your lower back can occur causing the nerves that lead to your hip, leg and foot to be pinched. This condition is called sciatica. It produces a sharp, burning sensation down your leg. You may experience back and thigh discomfort for weeks or even months before the onset of sciatica.

Chiropractic treatment removes the pressure from the pinched nerve by realigning the bones of your spine through gentle Chiropractic adjustments.

**Offer for new and reactivating patients only. Coupon must be presented at time of appointment. May not be combined with any other offer.**

THE PATIENT AND ANY OTHER PERSON RESPONSIBLE FOR PAYMENT HAS THE RIGHT TO REFUSE TO PAY, CANCEL PAYMENT OR BE REIMBURSED FOR PAYMENT FOR ANY SERVICE, EXAMINATION OR TREATMENT WHICH IS PERFORMED AS A RESULT OF AND WITHIN 72 HOURS OF RESPONDING TO THE ADVERTISEMENT FOR THE FREE, DISCOUNTED FEE, OR REDUCED FEE SERVICE EXAMINATION OR TREATMENT. THE RECIPIENT OF THIS GIFT CERTIFICATE WILL RECEIVE NO CHARGE FOR THE FIRST VISIT CONSULTATION AND EXAM. SHOULD TREATMENT BE DEEMED NECESSARY, THE USUAL FEES WILL BE EXPLAINED IN ADVANCE. THIS CERTIFICATE IS NOT VALID WITH MEDICARE, WORKER'S COMP AND PERSONAL INJURY CASES. OTHER EXCLUSIONS MAY APPLY. WITH THIS CARD/ONE TIME USE.

The Chiropractic mission is to help people heal without masking their pain with drugs. We can't reach everyone personally to tell them that Chiropractic can help but we can offer a helping hand: Refer those who you think could benefit from our care and we will give them our honest and sincere assistance—and this certificate for a complimentary exam.

**Valued at \$260    Special Offer Valid: Jan 11 - 23, 2021**

**Call To Schedule Your Appointment Today!**  
**Beaches - 273-2691    Nocatee - 834-2717**



Ponte Vedra  
**Wellness  
Center**

**Dr. Erika Hamer, D.C., DIBCN, DIBE**  
Owner & Chiropractic Neurologist

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